STATE OF NEVADA
COMMISSION ON PEACE OFFICERS' STANDARDS AND TRAINING
Records and Certification Section
5587 Wa Pai Shone Avenue
Carson City, Nevada 89701
(775) 687-7678*Fax (775) 687-4911

NEVADA COMMISSION ON PEACE OFFICERS' STANDARDS & TRAINING
PHYSICAL FITNESS TEST SCORE CARD

Pursuant to NAC 289.200

Test Date _____ Start Time _____ End Time _____

Name _____ _____ ____ _____
Last First MI Last four of SSN or POST ID #

Agency _____

Category for Certification: ☐ Category I or Reserve ☐ Category II ☐ Category III

In order to maintain the integrity and validity of the testing, the battery of tests must be given in accordance to the physical fitness testing procedures.

Event	Standard		Score	Scorer Initials
Vertical Jump	Cat I & Reserve Cat II Cat III	14 inches 15 inches 15 inches	Reach Trial 1 _____ Trial 2 _____ Trial 3 _____ Max _____	
Agility Run	Cat I & Reserve Cat II Cat III	19.5 seconds 20.7 seconds 20.4 seconds	Trial 1 _____ Trial 2 _____ Score _____	
1 minute Sit Ups	Cat I & Reserve Cat II	30 29	Score _____ Score _____	
Push Ups	Cat I & Reserve Cat II Cat III	23 15 20	Score _____ Score _____ Score _____	
300 Meter Run	Cat I & Reserve Cat II Cat III	68 seconds 80 seconds 74 seconds	Score _____ Score _____ Score _____	
1.5 Mile Run	Cat I & Reserve Cat II Cat III	16:57 m/s 20:06 m/s 17:37 m/s	Score _____ Score _____ Score _____	

Name of Test Administrator _____ Certification # _____

Signature

FOR POST USE ONLY

Test results verified by: _____ Signature _____ Date _____

AD-2B Physical Fitness Evaluation
R-02/2010